



JLS PTA eNews

March 21, 2021

JLS News

Important Dates in March

- **March 22-** 6th Grade Family Night Q&A, 6:30 PM
- **March 24- Incoming** 6th Grade Family Q&A, 5:30 PM
- **March 25-** Connections Parent Coffee
- **March 26-** 6th/7th Grade Course Selection Forms Due
- **March 29-** Site Council Meeting, 3:45 PM
- **March 31-** Principal Coffee, 8:30 AM
- **April 2-** All Schools Minimum Day
- **April 5- April 9-** Spring Break, No School



Family Service Opportunity Now until April 18

JLS Service Week, in partnership with Youth Community Service (YCS), is offering a Family Service opportunity, for families to support families in need, and for schools to support schools. In collaboration with Reach Potential Movement (RPM), JLS families are invited to come together and support neighboring communities by donating snack packs, activity kits, and hygiene kits. See flyer for

more information (<https://tinyurl.com/FlyerJLS>)

Register here: <https://tinyurl.com/JLSFamilyService>

Following registration, participants will be provided information about Reach Potential Movement and gain access to several project options, including detailed activity instructions. For families who would like to participate but need financial assistance, the JLS PTA will provide sponsorship for materials.

Questions? Email: Jennifer Lee Thuresson: jennifer@youthcommunityservice.org



The PiE Survey Is Here

Each spring, we ask for your feedback to guide our decision-making for the next year. This year's survey is now available - please check your email inbox. It only takes a couple of minutes. We want to hear from you!

[From Principal Grierson](#)

[Principal Grierson's Weekly messages](#)

PAUSD News

A parenting support series offered by Palo Alto Unified School District Wellness & Support Services and AACI Beginning March 2

[Register Here](#). Parenting can be very challenging during the Pandemic for a lot of parents. Please join us for a free, 1.5-hour webinar every week starting from 3/2/2020 for ten weeks. You do not have to attend every single session but pick the topics that you are interested in. The workshop series will cover a wide range of parenting topics, addressing important questions such as internet overuse, build connect with teens, Teen's mental health, cross-cultural conflicts, de-escalate children's emotions. By the end of the series, you will be equipped with better understanding, presence, calmness, and the skills needed to be able to communicate with your children. Hope to see you in one of the sessions!

[Superintendent's Update](#)
[PAUSD Return to Campus](#)
[Secondary Schools 2020 page](#)

Palo Alto PTA Council News

PTA Council Seeks Volunteers

The PTA Council Nominating Committee is currently seeking expressions of interest from individuals in the community who would like to learn more about becoming a member of the PTA Council Executive Board for the 2021-22 school year. We are looking for community members who have a passion for improving the educational experience of all students and preferably have experience on their school PTA or site council. Talk to us about stepping into a leadership role or how you can participate on a committee. Contact the Nominating Committee at : parliamentarian@paloaltopta.org

****NEW** Advocacy for Teen Health - eCig & Flavored Tobacco Products**

For Parents of rising middle schooler or high schoolers: Santa Clara County has now issued its priority recommendations from our community 1) Tobacco Retail Strategies – Menthol & Flavored Tobacco Products, Tobacco Retailer Density, and Tobacco Retailer Licensing; 2) Secondhand Smoke Strategies – Smoke-free Outdoor Public Places & Smoke-free Multi-Unit Housing; and 3) Cessation & Health System Strategies – Smoke-free Health Care Campuses & Cessation Services. Funding for these efforts begin 2022 through 2025. There are addiction free hotlines and resources. For more email [Jade Chao, president_19_20@paloaltopta.org](mailto:president_19_20@paloaltopta.org) or visit the [Santa Clara County website](#)

****NEW** FREEDOM WRITERS**

Tues, Mar 23, 6:30 PM

Hosted by 6th District PTA. Join us for an evening with Erin Gruwell & The Freedom Writers Foundation to learn about "Creating Cultures of Acceptance, Compassion, and Integrity. They will also highlight the topics of mental illness and addiction, and suicide awareness and prevention. Register today for this virtual presentation. The first 500 will be able to join the webinar. All others will have to watch the live stream via YouTube. Learn more about the Freedom Writers Foundation. Register Here <https://capta6.org/freedom-writers/>

****NEW**Your Turn: "How to Be an Adult" for Educators and Parents**

Thu, Mar 25, 5:30 - 7:00 PM

Series hosted by Wellness Together School Mental Health and the California Department of Education, equips educators, parents, and guardians to promote mental wellness for students at home and in the classroom. Presenters from across the country including Julie Lythcott-Haims, New York Times Bestselling Author and Former Dean of Freshmen at Stanford University addresses increasing mental health awareness, advocacy, and access to mental health services for our students. [CLICK HERE](#) to register for the webinar.

2e Self Advocacy Panel—Help Your Student Understand Their Brain, and Help Their Teachers Understand It, Too! (For parents of K-12 students)

Mon Mar 29, 7-8:30pm Zoom info sent the day before the event

Panel Featuring: [Dr. Keri Berquist, Psychologist](#), Nancy Kong, Educational Therapist, [Toni Ratzburg, Clinical Director, MFT](#), RSVP here: <https://forms.gle/vKZJGfWBoJX6ejBXA>

Twice-exceptional, or 2e, students have exceptional talents and experience learning challenges such as autism spectrum disorder, ADHD, dyslexia, anxiety, and more. Knowing how your brain learns is touted as one of the most important skills 2e students should develop. Explore the prerequisites to self-advocacy, discover how to help students understand what their brain needs to succeed at school, learn specific developmentally-appropriate techniques to try with your 2e learners, and gain skills to help you and your child communicate with educators about your child's needs. Sponsored by Palo Alto CAC ([CAC Palo Alto](#)), Palo Alto Council of PTAs (<https://ptac.paloaltopta.org/>) and REEL (www.reelpaloalto.org)

NEW6th District Scholarships for Seniors

High school seniors are encouraged to consider applying for the Barbara Emerich Scholarship through Sixth District PTA. Two scholarships of \$750.00 each are available to support students who are planning to attend a 2- or 4-year college. Applicants must be current high school seniors, members of their high school PTA/PTSA, and should have a strong record of community service: volunteering in education, counseling, mentoring, tutoring/preschool or with special needs children. Applications are due electronically by Friday, May 7, 2021 at midnight. If you are unable to send your application in electronically please reach out to programs@capta6.org. Information and link to application: <https://capta6.org/scholarship/>

PTAC Environmental Action Committee

Green Tip! Zero Waste Lunches. Refill and Reuse to cut down waste! Pack lunches in reusable containers such as: beeswax wrap, thermoses, silicon storage bags, bento and lunch boxes. Use refillable containers for smaller portions of yogurt, fruit, juice, chips and crackers. Bring your own stainless or bamboo cutlery, cloth napkins and reusable water bottles.

Health Wellness

Free COVID-19 Testing in Palo Alto

https://www.cityofpaloalto.org/services/public_safety/plans_and_information/coronavirus/testing.asp

Family Resources here: [Health Wellness Resources](#)

Community News

Please click [here](#) for Community News

Quick Links

[JLS Website](#)
[JLS PTA Website](#)
[Support the JLS PTA](#)
[JLS Calendar](#)

[Attendance Procedure](#)
[Parent Network Information](#)
[Safe Routes to School](#)
[Palo Alto Bike Registration](#)



eNews Publication Guidelines

JLS eNews is a publication of the JLS PTA. [Previous editions](#) and [Publication Guidelines](#) can be found at the JLS PTA website. If you have any questions or would like to make a submission, please contact [eNews editor Anjani Sarma](#).

Your copy should address 3 key questions: Who am I writing for? (Audience) Why should they care? (Benefit) What do I want them to do here? (Call-to-Action)

Create a great offer by adding words like "free" "personalized" "complimentary" or "customized." A sense of urgency often helps readers take an action, so think about inserting phrases like "for a limited time only" or "only 7 remaining!"