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## JLS eNews 9/15/19

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Sun, Sep 15, 2019 at 6:42 AM

# Panther Tracks



## JLS PTA eNews

September 15, 2019

### JLS News

#### Important Dates This Week

**September 16** - Homework Habitat | Site Council Meeting

**September 17** - Homework Habitat

**September 18** - Parent ROPES Information Night

**September 19** - End of Wheel 1 | Homework Habitat

**September 20** - Wheel 2 Begins

#### School Site Council Meeting, 3:30-5:00 PM, Room 40

On Monday afternoon a team of JLS staff, students and parents will meet to review our school's Single Plan for Student Achievement (SPSA) and reiterate our goals for this school year.

If you have questions for the School Site Council or suggestions for this group to consider, please email JLS Principal Chris Grierson at [cgrierson@pausd.org](mailto:cgrierson@pausd.org).

#### 6th Grade Student Elections Coming Up

A wonderful opportunity is now available to our 6th grade students! It is that time of the year when we will be opening up the application process for 6th Grade Student Council Representatives.

The Student Council is a wonderful opportunity for our students to serve the JLS student community while personally growing their leadership and collaboration skills. We will be holding an informational meeting on Tuesday, September 17, during lunch in room 730.



#### JLS PTA Organized Parent Ed Event : The Vaping Phenomenon: What it is, why it happened and what we can do about it"- Dr. Bonnie Halpern-Felsher

Date: Wednesday September 25, 2019

Time: 7 pm

Location: JLS Cafetorium

**Join the JLS PTA -- Member Dues Are Only \$6**

If you have not already done so this year, it is not too late to join JLS PTA. <https://jlswp.paloaltopta.org/index.php/membership/> Due are only \$6 per person to make it even easier to join. Your JLS membership supports JLS, promotes parent involvement, and increases the number of PTA members, creating a powerful voice for advocacy. In addition, members receive benefits such as discounts for Aquarium of the Pacific, Legoland, and Hertz car rental. You can see the full list of seasonal membership perks here: <https://capta.org/join/member-perks/> Questions? Contact Membership Chair, Kate Karagueuzian Gibbons [katekgg@gmail.com](mailto:katekgg@gmail.com).



**Middle School Athletics, Winter Sports Registration**

The City of Palo Alto's Recreation Department welcome's you and your 7<sup>th</sup> or 8<sup>th</sup> grade child to the Middle School Athletics Program for JLS Middle School. JLS' winter sports registration will begin on Wednesday, September 25<sup>th</sup> starting at 8:30 am. You can either go online to [www.cityofpaloalto.org/enjoy](http://www.cityofpaloalto.org/enjoy) and create an enjoy account before September 25<sup>th</sup>, or you can come in person to Mitchell Park Community Center, on September 25<sup>th</sup>, the day of JLS' registration process to sign up. We are not accepting registration forms before September 25<sup>th</sup>.

If you have any additional questions, please feel free to contact the Middle School Athletic Coordinator at [MSA@cityofpaloalto.org](mailto:MSA@cityofpaloalto.org)

**Attendance Reminder**

Arriving to school on time is important. Students feel settled. They have a chance to connect with peers before the day begins. Everyone starts their day together with a sense of community. Teaching and learning is uninterrupted and student-focused. Addressing Chronic Absenteeism and Tardiness are two of our school goals. This year, you may receive a call or a letter if there is a pattern of unexcused absences or tardies. Truancy may feel like a harsh word. What is important to remember is that students feel centered and ready to learn when they arrive to school on time. Teaching has the most impact when students are with us on time every day! For more information, please visit: <https://jls.pausd.org/parent-resources/attendance>

**Commuters' Corner**

**Register Your Kids' Bikes**

Our Safe Routes to School Program and The City of PA have teamed up with Bike Index. Please go to <http://bikeindex.org/> and register your bikes. Please watch this space for information on bike index stickers.



**PAUSD News**

**Each Friday! Superintendent's Weekly Board Update**

Read Dr. Don Austin's Weekly Board Update, published new each Friday on the [District website](#).

**2019 Palo Alto Black & White Ball**

*Fri Oct 4, 7P-12A, Lucie Stern Community Center, 1305 Middlefield Rd, Palo Alto*  
Book your babysitter now and get tickets for the party-of-the-year. Enjoy live music and dancing from Super Diamond, China Cats, DJ Celeste and more. Plus food from 20+ local restaurants, wine-tasting and a Silent Disco. Black tie optional. Please visit our website [2019 Black & White Ball](#) to buy tickets. Use code: PAUSD10 to save \$10. The 2019 Black & White Ball is a celebration of City of Palo Alto's 125th Birthday, Palo Alto Weekly's 40th Anniversary, and PAUSD's 125th Anniversary. All proceeds support the

Palo Alto Recreation Foundation. The event is open to everyone over the age of 21. Any Questions?  
Email: Kristen Podulka at [kristen\\_podulka@yahoo.com](mailto:kristen_podulka@yahoo.com)

## PTAC News

### **\*\*NEW\*\*PTA Council Open Positions - Join Us!**

The PTA Council is currently seeking individuals in the community who have a passion for improving the educational experience of all students and who would like to learn more about becoming a member of the PTA Council Executive Board and Collaborative Committees.

We have openings for the following positions:

VP Health and Wellness

Co-Treasurer

Membership Chair

(SEL) Social Emotional Learning Committee Chair

Chinese Parent Representative

Arts Coordinator

Talk to us about stepping into a leadership role or how you can participate on a committee. Contact us at: [evp@paloaltopta.org](mailto:evp@paloaltopta.org)

### **\*\*NEW\*\*New "Parent Engagement Calendar"**

A brand new "Parent Engagement Calendar" will be available soon to PAUSD parents! It will list all the parent education events organized by the PTAs and PTSAs from different schools in our district. The calendar will inform parents what event is happening at which PAUSD school during the school year. This practice will maximize event attendance, save volunteer efforts and PTA or PTSA money that is donated by the parents. The PTAC also wants to thank all the PTAs and PTSAs that organize parent education events in their

### **\*\*NEW\*\*PTA Council Developing Convention Resolution on Vaping.**

The PTA Council Board has established a committee to develop a Convention Resolution on Vaping. The purpose is to give State PTA the authority and the tools it needs to advocate on the subject and to take positions on proposed legislation. Interested in participating? Want more info? Contact Jade Chao, [ptacpresident@paloaltopta.org](mailto:ptacpresident@paloaltopta.org), or Erwin Morton, [erwin@morton.net](mailto:erwin@morton.net).

### **\*\*NEW\*\*Workshop on IEP/504 Basics**

*Sat, Oct 5th, 9:00 am - 12:00 pm, JLS Middle School Cafetorium, 480 East Meadow Drive, Palo Alto*  
FREE. This workshop covers the basics of the IEP/ 504 plan including some common problems, complications, solutions and suggestions. There will be a discussion about common accommodations and parental rights, and a Q & A session during this workshop. Organized by Palo Alto CAC ([cacpaloalto.org](http://cacpaloalto.org)), presented by H.E.A.L. ([Hospital Educational Advocacy Liaisons Program from Stanford Children's Health](http://Hospital Educational Advocacy Liaisons Program from Stanford Children's Health)), and co-sponsored by PTAC. Please [use this form](#) to let us know if you are coming, especially if you would like childcare or Spanish translation.

### **Taller sobre IEP /504 básico**

*Sábado, Oct 5, 9:00 am - 12:00 pm, Cafetería JLS Middle School, 480 East Meadow Drive, Palo Alto*  
GRATIS. Este taller cubre los conceptos básicos del plan IEP / 504, incluidos algunos problemas / complicaciones comunes y soluciones / sugerencias. Incluye adaptaciones comunes y derechos parentales. Habrá una sesión de preguntas y respuestas durante este taller. Organizado por CAC Palo Alto ([cacpaloalto.org](http://cacpaloalto.org)), presentado por H.E.A.L. (Programa de Stanford Children's Health), y co-patrocinado por PTAC. Por favor utilice [este formulario](#) para dejarnos saber si asistirá, especialmente si necesita ayuda con su hijo o un traductor al español.

## Community News

**\*\*NEW\*\* Parent Ed Night at Fletcher: ANGST the Movie**

*Wed Oct 16 6:45-8:45P in the Gym (all PAUSD parents are invited)*

The Fletcher PTA will be screening "Angst," a film that explores anxiety, its causes, effects and what we can do about it. The filmmakers' goal is to raise awareness around anxiety. Angst features candid interviews with kids and young adults who suffer from anxiety and what they've learned about it. The film includes discussions with [mental health experts](#), as well as [help, resources and tools](#).

**Gunn PTSA Parent Ed Event: Separating Fact from Fiction in College Admissions**

**Paul Kanarek**

**Thursday, October 24 Gunn Spangenburg Auditorium 6:30 pm**

Tickets at <https://factfromfiction.eventbrite.com>

The mythology that surrounds admissions is both pervasive and frequently painfully wrong. The good news is that it's incorrect in a way that is fundamentally good news for families. This session led by our guest presenter – Paul Kanarek – will discuss both the accuracies and inaccuracies that lead to erroneous assumptions about college affordability and admissibility. Mr. Kanarek will also substantiate the rumors about admissions in 2019 and beyond that are, in fact, correct. As he showed last year when he was part of our college event, Mr. Kanarek is an informed, articulate and entertaining speaker who possesses both knowledge and insight around this subject, a set of skills that he developed first as the co-founder of The Princeton Review in California and then as the CEO of Collegewise.

**Paul Kanarek**

Jueves 24 de octubre Auditorio Gunn Spangenburg 6:30 pm

**Separando el hecho de la ficción en las admisiones a la universidad**

Entradas en <https://factfromfiction.eventbrite.com>

Los Mitos alrededor de las admisiones son extensivas y frecuentemente erróneas. La buena noticia es que muchos de los mitos son incorrectos en beneficio de las familias. Esta sesión liderada por el presentador invitado- Paul Kanarek – hablara sobre las exactitudes e inexactitudes que le llevan las asunciones erróneas sobre la asequibilidad y admisibilidad al colegio o universidad. El Sr. Kanarek hablar sobre los rumores sustanciales que son correctas de las admisiones en 2019 y más allá. Así como lo mostro pasado año cuando él fue parte de nuestro evento de colegios, el Sr. Kanarek está informado, y es un orador articulado y entretenido que también posee el conocimiento y percepción sobre este tema, un set de herramientas que creo primero como cofundador de The Princeton Review en California y luego como Jefe Ejecutivo de Collegewise.

El Sr. Paul Kanarek comenzó como uno de cinco fundadores del Princeton Review. Después de más de 30 años en área de preparación exámenes, él se convirtió en el Jefe Ejecutivo de Collegewise, la compañía de consulta en admisiones a universidades mas grande de la nación. En los últimos 36 años, el Sr. Kanarek ha ofrecido miles de discursos por todo el mundo a cientos de miles de personas sobre las exámenes y admisiones a la universidad. El Sr. Kanarek nació en Inglaterra, paso sus primeros años en África y se mudo a los Estado Unidos antes de asistir a la universidad de UCLA.

Traducción disponible bajo petición.

**\*\*NEW\*\* Participate in Stanford University's Puberty and Neurodevelopment Study!**

Researchers are looking for pre-teens ages 10-14 of all gender expressions to participate in a study exploring how hormones affect the development of different parts of the brain during puberty. Participation involves 3 visits across 5 years, a comprehensive physical, cognitive, and behavioral evaluations and brain imaging with Magnetic Resonance Imaging (MRI) (safe, non-invasive, no x-rays/radiation). All participants will receive written reports from evaluations and up to \$130 honorarium for each year of participation. For more information please visit our website: <https://www.stanfordpandastudy.com/> or contact [pandastudy@stanford.edu](mailto:pandastudy@stanford.edu) / (650) 698-2115

**\*\*NEW\*\* Classes Beginning at Mind Body and Body Moms**

Mindful Moms Intro Class with Krassi Harwell will begin Tues Sep 24 12-1:30P 67 Encina Ave  
We'll practice yoga, meditate, and share about the joys and challenges of motherhood. FREE

Mindful Moms Group with Krassi Harwell begins on Tues Oct 1-Dec 10 12-1:30P 67 Encina Ave  
We will navigate the rich and rewarding journey of raising kids into adults, practice yoga, meditate, and tap into the healing power of togetherness as we share stories, strength and support.

Women's Wellness Intro Class: A Taste of the Season with Jalene Salus Fri Sep 20 10A-12P St. Mark's, 600 Colorado Ave.

We will prepare some seasonal fall food for you, and share meals to support your dear body – and your children's bodies!

Women's Wellness Group with Jalene Salus. FREE Fri Sep 20-Nov 8 10A-12P St. Mark's, [600 Colorado Ave, Palo Alto, CA](#)

We will show you how aligning your self-care with the rhythm of the season can guide you on your path of women's wellness as she engages you in fulfilling dialogue with other thoughtful, wise women.

[Registration](#) for all these classes is required as space is limited! Scholarships available upon request.

More Info: <http://mindbodymoms.com/wellness-groups/>

#### **\*\*NEW\*\*Palo Alto High School Cheer and Dance Teams Fundraiser-Gizdich Ranch Pies!**

The best part of the holidays is sharing amazing meals and desserts with friends & family. This holiday season, the Paly Dance & Cheer teams are selling farm-fresh pies from Gizdich Ranch in Watsonville. The Apple, Two Berry, and/or Pumpkin pies are \$20 each, or 3 for \$55. They will be available for pickup in person outside of the Tower Building at Paly on Monday, December 9th from 3-7pm, or we are happy to deliver them to you that day for an extra \$5. Pies arrive frozen and baking instructions are included, so order several and enjoy them throughout the season!

Download and print order form: [Pie Order Form](#)

Deadline to order is Friday, November 15th, so please put your orders in early. Thank you in advance for your support to help pay for our team expenses-we really appreciate it! Please contact [awilliamson@pausd.org](mailto:awilliamson@pausd.org) for more information.

#### **\*\*NEW\*\*PALY Theatre presents The 25th Annual Putnam County Spelling Bee**

*Sept 26 at 4pm; Sept 27, 28 at 7pm; Sept 28, 29 at 2pm Paly High, 50 Embarcadero Rd.*

Premiering in the NEW Palo Alto High School PAC Black Box Theatre, F-U-N at *The 25th Annual Putnam County Spelling Bee!* An eclectic group of six students vie for the spelling championship of a lifetime, spelling their way through a series of words, hoping never to hear the soul-crushing "ding" of the bell that signals a mistake. *The 25th Annual Putnam County Spelling Bee* is a delightful den of comedic genius coming soon! Tickets are \$10 Student/Senior, \$15 Adults. Info and Tix at [www.palytheatre.com](http://www.palytheatre.com)

#### **\*\*NEW\*\*League of Women Voters of Palo Alto's Fall Kickoff Event**

*Thu, Sept 26, 7-8:30 P at First Congregational Church of Palo Alto, 1985 Louis Road, PaloAlto. .*

"Goodbye Precincts, Hello Easy Voting: The Voter's Choice Act." Rachel H. Jung, from the Santa Clara County Registrar of Voters Office, will explain the Voter's Choice Act (VCA), which goes into effect with the March 2020 primary. Learn about the new options that VCA will give you for casting your ballot. No child care provided. Questions, contact Liz Jensen [elizjen@comcast.net](mailto:elizjen@comcast.net)

\*Free and open to all\* Please register here <https://wvvpafallkickoff.eventbrite.com>

#### **\*\*NEW\*\*Special Needs Resource Fair**

*Sat, Oct 5, 10A-1P 1400 Parkmoor Ave # 100, San Jose, CA 95126*

Connect with more than 60 organizations, companies, and providers that focus on the needs of school-age children with special needs! The 2nd Annual Special Needs Resource Fair at Parents Helping Parents, presented by PHP and Special Needs Professionals of Silicon Valley, Free to attend! No need to register. More info at: <https://www.php.com/>

#### **\*\*NEW\*\*Stanford Girl BAND Study**

Researchers at Stanford University are looking for GIRLS ages 6-14 with developmental disabilities/learning differences to participate in a study exploring brain development in relation to behavior, cognition, and mood in GIRLS! Participation involves a comprehensive cognitive and behavioral evaluation and MRI/NIRS scan (safe, non-invasive, no x-ray/radiation.) Evaluation results are available to all participants and there is a \$100 honorarium for participation. For more information, please visit: <http://med.stanford.edu/girlband.html> Thank you for your considerations!

#### **Kids Under Pressure & What We Can Do About It: Challenge Success Parent Ed(1st run 8/28)**

*Fri Sept 27 7-8:30P Memorial Auditorium, 551 Serra Mall, Stanford*

Join [Challenge Success](#) for an evening of education with best-selling author and psychologist Lisa Damour and Challenge Success Co-Founders Madeline Levine and Denise Pope to learn more about the

value of healthy stress, the risks of unhealthy stress, and practical solutions for how families and schools can support kids to have balanced and fulfilling lives. Students, parents, and educators are welcome to attend. Get info and purchase \$10 tickets [here](#).

### **A Creative Workshop for Parents (with Childcare)**

*Palo Alto Art Center Sun, Sept 15 and 22, 1-4P Sun, Oct 6 and 13, 1-4P*

*Mitchell Park Library Sat, Nov 2 and 9, 10:30A-1:30P*

Join artist Jill Miller for a hands on workshop about parenting and art making. All parents have a story about taking an object away from their child in order to protect them. Participants bring in an object, share the story, and then remake the original in a safe material. For more details, contact:

[selene.foster@cityofpaloalto.org](mailto:selene.foster@cityofpaloalto.org) Application deadline is Sept 13. Apply online: <https://bit.ly/2Seb1yr> This project is funded in part by the California Arts Council

### **Bike Palo Alto**

*Sunday, September 29, 1-3pm, Fairmeadow Elementary, 500 East Meadow Drive*

10th annual, family-friendly event encourages everyone to bike more places more often, and kicks off Walk & Roll to School Week. Choose one of three bike-friendly routes and explore. Enjoy free treats and activities along the way! Routes and treat stops are open until 4pm. Start at Fairmeadow and find helmet fitting, quick bike checkups, Safe Routes to School info, and more! All riders need a waiver, so if your student is riding without you, [please print out](#), sign, and send one with him/her. Details at [bikepaloalto.org](http://bikepaloalto.org).

### **\*\*NEW\*\*Grade K-5 Classroom Volunteers Needed – An Hour a Week Could Change a Student's Life**

Please join other parents volunteering in eastern Menlo Park or East Palo Alto schools. You'll help tutor kids in grades K-5. Our volunteers go once a week to the same classroom for about an hour, building relationships with students throughout the school year. We provide training, ongoing support and coordinates logistics. Volunteering begins in mid-September. To learn more or sign up, visit [www.allstudentsmatter.org](http://www.allstudentsmatter.org) or contact Keri Tully at [keri@allstudentsmatter.org](mailto:keri@allstudentsmatter.org).

### **Cantabile Youth Singers music classes and choir for kids PreK-Grade 7**

*Register/audition in September in Los Altos*

Community youth chorus has openings now for grades Pre-K - 7. Students experience: the joy of singing with artistry and mastery; fun, friends and community; comprehensive music program nurturing personal growth, creativity, leadership and health; world-class faculty; collaborations with professional artists. Tuition varies by class/choir. Visit [cantabile.org](http://cantabile.org) for more information. Singers in grades 5-7: email or call [info@cantabile.org](mailto:info@cantabile.org) | 650.424.1410 today to arrange an audition. Singers in grades K-4: register for a class now by visiting [cantabile.org](http://cantabile.org)

### **\*\*NEW\*\*Ragazzi Boys Chorus: Exceptional Choral Opportunities for Boys**

*Registration through Sept 23.*

Ragazzi now offers an entry-level class in Palo Alto. GRAMMY award-winning Ragazzi Boys Chorus seeks boys who love to sing. Engaging classes develop boys into young men of character while learning music theory, vocal technique, artistry, musicianship, and performance skills. Develop new friendships and travel the world. For more information, and to schedule an audition, visit [www.ragazzi.org](http://www.ragazzi.org) [info@ragazzi.org](mailto:info@ragazzi.org)

### **\*\*NEW\*\*Boy Scout Troop 5 Open for New Members**

Boy Scout Troop 5 is open to new members. Weekly Monday Night Meetings (except for holidays), 7:30 to 8:30 PM. Location: MP room at Palo Verde Elementary School Ages: 11 to 17. Monthly Outdoor Activities - camping, backpacking, biking, hiking. Learn leadership skills and outdoor skills. Check out [Troop 5](#). Contact Gary Anwhyl at [Gary.Anwhyl@gmail.com](mailto:Gary.Anwhyl@gmail.com) if you have any questions.

## Quick Links

[JLS Website](#)  
[JLS PTA Website](#)  
[Support the JLS PTA](#)  
[JLS Calendar](#)

[Attendance Procedure](#)  
[Parent Network Information](#)  
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[Palo Alto Bike Registration](#)



## eNews Publication Guidelines

JLS eNews is a publication of the JLS PTA. [Previous editions](#) and [Publication Guidelines](#) can be found at the JLS PTA website. If you have any questions or would like to make a submission, please contact [JLS's eNews editor](#).

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