

**Subject:** JLS Middle School PTA Newsletter for 2017-2018

**From:** JLS eNews Editor (jlsenews@gmail.com)

**To:** sthomas237@sbcglobal.net;

**Date:** Sunday, January 21, 2018 12:00 AM

## PANTHER TRACKS – JLS PTA eNews Sun, Jan 21



### IN THIS WEEK (<https://jls.pausd.org/calendar>)

Homework Habitat Monday, Jan 22, 3:15 PM, Library
School Site Council Meeting Monday, January 22, 3:30 PM, Rm 40
6th Grade and Group Pictures Tuesday, January 23
Homework Habitat Tuesday, Jan 23, 3:15 PM, Library
Connections Board Meeting Wednesday, Jan 24, 8:15 am Conf Rm B
Incoming 7th Grade Parent Information Night Wednesday, January 24, 7 PM, Cafetorium
Homework Habitat Thursday, Jan 25, 3:15 PM, Library
Incoming 6th Grade Parent Information Night Thursday, January 25, 7 PM, Cafetorium

**Palo Alto Unified School District Superintendent Search Survey -- Deadline Extended**

If you haven't already shared input for the PAUSD Superintendent search, the deadline for the Community Engagement Survey has been extended until January 26th. Responses and comments will go directly to search firm, Hazard, Young, Attea & Associates.

<https://ecrasurvey.com/paloaltousd>

### **Everything You Need to Know About 7th Grade Wednesday, January 24, 7 pm- 8 Pm, JLS Cafetorium**

Parents/guardians of current 6th graders are invited. School staff, including Principal Lisa Hickey and your child's guidance counselor, Arvind Arya, will talk about what is involved in registering your child for 7th grade. They will also share the role counselors play in your child's 7th and 8th grade academic experience.

There will be time to ask questions about electives, music, math, and world languages.

### **Joint Middle School Parent Ed Event: Building Resilient Children in a Fast-Paced, High Pressure Community Wednesday, January 24, 7pm, Jordan MPR**

We will discuss the developmentally unique period that characterizes the middle school years. We will explore ways in which parents can support their students to build resilience, manage anxiety, cope with stress while effectively navigating an increasingly complicated social and technological landscape.

Speaker: Emily Ach, PhD  
Assistant Clinical Professor  
Stanford University School of Medicine  
Department of Psychiatry & Behavioral Science

### **Middle School History-Social Science Materials**

Middle school history-social science materials under consideration for adoption are currently on display in the hallway at the District Office and at JLS in the library. The Middle School History-Social Science Textbook Selection Advisory Committee welcomes the public's input. Comment forms are available and all feedback will be taken into account. If you have any questions about the history textbook pilot at JLS, please contact Megan Shelby, JLS History Department Instructional Lead, [mshelby@pausd.org](mailto:mshelby@pausd.org).

### **Middle School Athletics Registration Process**

We encourage the Middle School Athletic Registration for Jordan, JLS, and Terman to be an online registration. We have found this much quicker and more efficient. The Spring registration date will be on Wednesday January 31st starting at 8:30 am for JLS students only. You can either go online to [www.cityofpaloalto.org/msa](http://www.cityofpaloalto.org/msa) and create an account and sign up that way, which is the easier and much quicker way to sign up. The other option is to walk in to Mitchell Park Community Center, across the way from the new Mitchell Park Library and sign up on January 31st and registration will start at 8:30 am (I would recommend getting there at least 1 hour before registration, if you come in person). We are not accepting walk ins at Lucie Stern or Cubberley Community Centers anymore. We will not accept email or faxed registration forms.

If you do not have an account in the new system, go to our website at: [www.cityofpaloalto.org/msa](http://www.cityofpaloalto.org/msa) and create an account prior to your child's respective registration date.

Check the website for registration

dates: <http://cityofpaloalto.org/gov/depts./csd/recreation/msa.asp>

If you have difficulties with the registration process please contact MSA at 650-329-2400.

If you have further questions, contact Kylie Crandall, the JLS Middle School Athletic Director: [Kylie.Crandall@CityofPaloAlto.org](mailto:Kylie.Crandall@CityofPaloAlto.org) Thanks!

### **NOMINATE GREAT PEOPLE FOR AWARDS (Due March 1) Call for Nominations for HSA 2018**

Each year the Palo Alto Council of PTAs may bestow one of several California State PTA Honorary Service Awards to individuals or organizations that have demonstrated outstanding service to children and youth in our community. The individuals or organization nominated must make far-reaching, notable contributions. The PTA Council HSA Committee selects persons or groups who have benefited children and youth on a district-wide or Palo Alto community level.

We also have a new award that debuted last year that honors exceptional PTA volunteers at the unit (school) level. Each PTA may nominate one person.

If you know of someone or an organization that deserves to be honored at this level, please complete this form: Nominations for HSA2018 Recipients will be announced at our Honorary Service Award Reception on Thursday, April 26th, 2018. [Click here to see past recipients.](#) (Note there are three lists: 2017, 2016 and recipients 2015-2005) Deadline for Nominations is March 1, 2018.

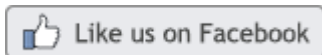
### **Update on Roundabout at E. Meadow Drive and Ross**

The Neighborhood Traffic Safety and Bicycle Boulevard Project is constructing a new roundabout at E. Meadow Drive and Ross Road to improve the safety of student cyclists and help moderate speeds along the route. The roundabout is scheduled for completion by early February. We do not foresee any street closures at the moment. If this does occur, flaggers will direct student cyclists, pedestrians, and vehicular traffic during construction. Construction work hours are between 9:00am- 4:00pm, Monday - Friday.

There should be no obstructions to the road outside of these work hours. If you see anything that may be a hazard, like a vehicle blocking a bicycle lane, please call the PAPD non-emergency line at (650) 329-2406. Please direct questions to Sarah Ratliff, Neighborhood Traffic Safety Bicycle Boulevard Community Relations Manager at sarah.ratliff@gcinc.com, (669) 225-1617. More information about the Neighborhood Traffic Safety & Bicycle Boulevard project, including [FAQs](#), are available [here](#).

### Online Shopping and JLS

You can do your normal shopping and help raise funds for JLS at the same time. Learn more by visiting the JLS PTA website at: <http://jlswp.paloaltopta.org/index.php/finances/>



## PAUSD/PTAC

PTAC E, M, H

**\*\*NEW\*\*The Smart Talk: Internet Safety  
Tue Feb 6, 6 PM., Gunderson High School, 622 Gaundabert Lane, San Jose  
(6pm refreshments, 6:30pm program)**

What you hope your kids (elementary, middle, and high) are doing online isn't always what they're actually doing. Join us to learn how you can use The Smart Talk to get on the same page with your kids and establish an open conversation about digital safety. For more info: <http://capta6.org/docs/180206SaferInternetFlyer.pdf>  
FREE. Sponsors include National PTA, State PTA, and Sixth District PTA.  
RSVPs (appreciated but not required): wendyghose@yahoo.com

**Special Education Workshop: The ABCs of the IEP**

**Tues, January 30th, 10:00am-12:00 noon, Sobrato Center, 350 Twin Dolphin Drive, Redwood City**

Do you have questions about your child's IEP? Would you like to know how to advocate for your child's special education rights? Ms. Karis Daggs, an attorney with OCRA (Office of Clients' Rights Advocacy) will be our speaker. Hosted by Opening Doors PTA, the Palo Alto CAC for Special Education and PTAC. Cantonese and Mandarin translation available. Register at <http://bit.ly/2D2ame8> For questions or to carpool, contact [paloaltocac@gmail.com](mailto:paloaltocac@gmail.com)

**How Does Sugar Affect Your Health and What You Can Do About It  
Wed, Feb 7, 6:30-8:30pm, SDC Room, District Office, 25 Churchill Ave, Palo Alto**

Join us for an educational night on sugar. Learn how sugar came to be ubiquitous in everything we eat, and became a number one health issue due to its harmful effects on the human body. As parents, you will also get some great tips on how to combat sugar in your household and diet, and reintroduce great nutrition to your kids. Patricia Caldera, Ph.D will be presenting on behalf of the Hypoglycemia Support Foundation and Dr Lustig education program dedicated to changing our views of processed food with the purpose of ending food related illnesses and promote good health. We encourage parents to bring their children.

## Community

Community E, M, H

**Paly Journalism Camp for Rising 8th and 9th Graders.**

After three hugely successful summers, Paly's distinguished journalism program will be returning again this summer with its fourth year of Camp MAC (Media Arts Center) on July 30th - August 3rd, from 9am-3pm. A student leadership team with a plethora of journalism experience is in place and eager to educate new campers on a variety of journalistic skills including critical thinking, research, graphic design, and expository writing techniques. The camp is open to all rising 8th and 9th graders. Registration and more information can be found at this website: [paly.io/campmac](http://paly.io/campmac), or email [palyjournalismcamp@gmail.com](mailto:palyjournalismcamp@gmail.com). All proceeds support Paly's journalism program.

**\*\*NEW\*\*Stanford University & City of Palo Alto Comp Growth**

There is a significant project from Stanford University that will be coming upon PAUSD that may require your attention -- Stanford University's growth and expansion proposal and its impact within our city and school district. Stanford plans to add more academic and support facilities, housing units, childcare center and facilities to its camp, adding approx. 9,000 people to our area. Your comments regarding the significant environmental effects of this project and the adequacy of the Draft EIR are welcome.

The public review period for this Draft EIR ends on Feb 2, 2018

[https://www.sccgov.org/sites/dpd/Programs/Stanford/Pages/GUP2018\\_CEQA.aspx](https://www.sccgov.org/sites/dpd/Programs/Stanford/Pages/GUP2018_CEQA.aspx)

### **\*\*NEW\*\* Auditions for iSing's 2018-19 season**

iSing, a local nonprofit girl choir will be holding auditions for new singers on January 20; and we'll be scheduling additional audition days for new singers in the coming months.

We are particularly interested in hearing girls who will be entering 1st-4th grade in Fall 2018. We are also happy to hear girls in 5th grade and above, who can sight-read music and who are devoted to singing. Please let your friends know! Feel free to forward this link audition page on the iSing website on to any friends who may be interested: iSing Auditions For more information visit [iSingSV.com](http://iSingSV.com) or contact [info@isingsv.com](mailto:info@isingsv.com)

### **\*\*NEW\*\* Parents Place Summer Camp Fair - Preschool/Elementary- High School Families**

**Sun, Jan. 28, 10 AM - 12:30 PM, Parents Place, 200 Channing Ave Palo Alto**

It's already time to start planning a great summer for your kids! The Parents Place Summer Camp Fair is a unique opportunity to engage with more than 20 summer camps, located on the Peninsula and beyond. This event connects you with multiple regional and independent summer camps, including sleepaway camps and special needs camps, in one convenient location. Make a personal connection with camp staff, explore the variety of flexible options, and discover how to maximize your child's summer camp experience. Fee \$5 per family.

Summer Camp Panel Discussion before the Fair is from 9:00am - 10:00am. Moderated by Parents Place Director Karen Friedland-Brown, camp directors will discuss "Solving the Summer Camp Dilemma: How to schedule your child's summer and find the best fit for your family." Fee \$15 (includes admission to fair). Register: <https://www.eventbrite.com/e/parents-place-summer-camp-fairparent-registration-registration-39976037404>

### **Ongoing Stanford University Brain Study on Executive Function Skills**

Looking for children ages 7 and up with a diagnosis of ADHD or with no diagnoses to participate in a study exploring changes in brain function in response to a novel neurofeedback training. Participation involves 6 sessions of neurofeedback training and 2 sessions of behavioral assessments. Contact Lindsay Chromik at [lchromik@stanford.edu](mailto:lchromik@stanford.edu) or 650-724-2939 for more information or to enroll. For general information regarding participant rights, contact 1- 866-680-2906.

**Fiery Arts Glass Workshops at Palo Alto High School  
Sat & Sun, Feb to Jun 2018 9-3 pm at Palo Alto High School's Glass Studio**

These workshops are open to the public, students and parents. You learn glass blowing technique in this hands-on 2-day weekend workshop. Advanced Sign up is required.

Class limit is 4. Teens and adults. \$425 per person. Proceeds benefit the Palo Alto High School Fiery Arts Boosters. Contact: David Camner, founder of Paly Glass, [dcamner@pausd.org](mailto:dcamner@pausd.org), for more information & dates

**Community E, M**

**\*\*NEW\*\*That Makes Me So Angry! Child Anger  
Tue, Jan 23, 6:30 PM - 8:30 PM, Parents Place, 200 Channing Ave Palo**

Children get angry in a split second, often leaving parents in total bewilderment and turmoil. We will explore anger, ways to help children regain control of themselves, triggers that precipitate the anger, and typical responses to the anger. With Jenny Ward, MFA. Fee: \$45 Register: <https://www.eventbrite.com/e/that-makes-me-so-angry-child-anger-preschoolelementary-registration-39673610838>

**\*\*NEW\*\*Discipline 101: Power of the Positive  
Wed, Jan 24, 6:30 PM - 8:30 PM, Parents Place, 200 Channing Ave Palo Alto**

During this workshop, you will learn how to use positive discipline to teach your children inner control, nurture their strengths, motivate them to cooperate, and build their self-esteem. With Cynthia Klein, BA. Fee: \$45 Register: <https://www.eventbrite.com/e/discipline-101-power-of-the-positive-preschoolelementary-registration-39673619865>

**"Rock" Your World with Chemistry**

Sun, Jan 21, 12-1PM, Mitchell Park Library, 3700 Middlefield Rd.

Join us if you are interested in nature and general chemistry. Meet new friends and learn new things. Grades 5-8.

**Community M, H**

**\*\*NEW\*\*Classes for middle and high school students  
Saturdays, January 20-April 28, Gunn High School**

Outstanding high school students are teaching classes to raise funds for the Ravenswood City School District in East Palo Alto. For the sixth session, Silicon Valley Youth is offering classes in Debate, Advanced Mathcounts, Intro to JAVA, Website Design, and iOS App Development classes on Saturdays at Gunn High School. Sign up starting now online at <http://siliconvalleyyouth.com/classes/>. Contact: [svyouth1@gmail.com](mailto:svyouth1@gmail.com).

## ATTENDANCE PROCEDURE FOR OUT OF SCHOOL EARLY!

Health Appointments- Parents should make every effort to schedule appointments outside of school hours. However, if not possible, parents are urged to consider varying the times of day during which health appointments are made in order to avoid missing the same class consistently. If a student must leave during the day for any reason please either call (650-856-5179) or email the [Attendance Office](#) the day before the scheduled appointment, or before first period on the day of the requested early dismissal. **Please note that messages must originate from the parent email address on record in Infinite Campus.** The student will then receive a "Permit to Leave" pass and meet you in the Attendance Office at the designated time. If a student returns to school the same day, they are required to report to the Attendance Office before returning to class to provide verification of the health visit.

[Jamey Boccio](#), Attendance Secretary, 650-856-5179

## WANT TO BE MORE INVOLVED at JLS NEXT YEAR? JOIN JLS PTA!

Come volunteer with this year's JLS PTA! Taking part in our programs and events brings you closer to your student's JLS experience, while working with dedicated and interesting parents. There are many different types of jobs, ranging from short-term easy support events and tasks, to longer-term and even year-round positions. We welcome whatever level of time and talents you can contribute, and we promise you'll have fun. Please visit the JLS PTA website, [jlswp.paloaltopta.org](http://jlswp.paloaltopta.org) to see a full list of the JLS PTA events and open positions, and fill out the form to indicate any interests you may have. This is not a commitment! We will contact you with more information which will help you decide if you would like to join us.

Questions? Contact [Lili Nova-Roessig](#) JLS PTA President 2017-2018

## JLS eNews PUBLICATION GUIDELINE!

If you want to publish an announcement relevant to JLS, send an email to [JLS.eneews@gmail.com](mailto:JLS.eneews@gmail.com). JLS eNews is a publication of the JLS PTA. Our PTA has a noncommercial policy, which states that we do not associate with any commercial activities of other organizations including, but not limited to, the promotion of their goods and services. Only submissions from nonprofit organizations will be considered for



placement in the eNews. Announcements relevant to other schools in the PAUSD district can be sent to [enews@paloaltopta.org](mailto:enews@paloaltopta.org) For more detail, please click [here](#).

### Join your grade's Parent Network!

Organized by the JLS PTA, Parent Networks provide grade-specific information and regular meetings to foster a supportive and collaborative parent community. TO JOIN, contact the below coordinators:

6th grade coordinators: Gerrie Phillips, Hue Tran, Suman Rangaswany

7th grade coordinators: Anjani Sarma , Mei-Hsia Tan

8th grade coordinators: Claire Kirner, Valerie Sabbag

**Would you like  
your employer to  
DONATE to JLS?**



Notify your employer of your donation to the JLS PTA, to activate their Corporate Matching Program. And THANK YOU for taking this extra step to contribute JLS Middle School!  
JL Stanford Middle School PTA tax id 94-6174779

480 E. Meadow Drive  
Palo Alto, California 94306

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