

Subject: JLS Middle School PTA Newsletter for 2017-2018

From: JLS eNews Editor (jlsenews@gmail.com)

To: sthomas237@sbcglobal.net;

Date: Saturday, October 21, 2017 2:04 AM

PANTHER TRACKS – JLS PTA eNews Sun, Oct 22



IN THIS WEEK

Homework Habitat Mon, Oct 23, 3:15 PM, Library
Homework Habitat Tues Oct 24, 3:15 PM, Library
Unity Day 2017 Wednesday Oct 25
Connections Spaghetti Feed 5:30-7:30 PM, JLS Cafetorium
Homework Habitat Thurs Oct 26, 3:15 PM, Library
JLS Dance Friday, Oct 27, 7:00PM- 9:30 PM JLS Cafetorium
Haunted House Saturday, October 28, 5 pm, JLS Cafetorium

Unity Day 2017 - When We Stand Together, No One Stands Alone

Palo Alto's 5th Annual Unity Day! WEAR ORANGE to show your support!

Wednesday, October 25th, all PAUSD schools
PAUSD will celebrate Unity Day 2017 to show that our community is united against

bullying, and promotes kindness towards all students. Each school will participate in its own special way, so find out what your school is doing and join us in sending a message that we are united for kindness, acceptance and inclusion by wearing Orange on Wednesday, October 25th!

For more information on JLS UNITY DAY activities please contact:

6th Grade guidance counselor- Arvind Arya - aarya@pausd.org; 650-856-5129

7th Grade Counselor - Ko Vue - kvue@pausd.org; 650-856-5175

8th Grade Counselor - Ellie Messinger-Adams - emessinger@pausd.org; 650-856-5174

Night of Fright School Dance

On Friday, October 27, JLS will be hosting the first dance of the year, which will be Halloween themed. Students can wear costumes to the dance as long as costumes follow the JLS dress code, and no masks or play weapons will be allowed. Tickets are \$5.00 and will be sold during lunch time beginning Monday, 10/23 until Friday, 10/27. On 10/26 and 10/27, tickets will be sold after school from 3:00 PM to 3:30 PM. Students can purchase tickets as long as they do not have any library/text book fines, ten or more tardies, or behavioral incidents that exclude them from the dance. Students are recommended to bring small bills (\$1s, \$5s) if they chose to purchase concessions during the dance.

This dance begins at 7:00 PM and ends at 9:30 PM for the 6th and 7th graders. All 8th graders will have until 10:00pm. Doors will close at 7:30 PM, and there will be no "in's and out's". Please make sure you pick up your child on time.

JLS Junior Thespian's Haunted House

Lots of thrills are in store for those brave enough to explore the JLS Jr. Thespians' 3rd Annual Haunted House in the JLS Cafetorium! Admission is \$3 and \$1 for 8th grade students and younger. The scares begin Saturday 10/28 from 5pm to 9pm, Sunday, 5pm to 8pm, and Tuesday, Halloween, from 3:30 to 6pm.

Tickets will also be sold for games, activities, face painting, and snacks. All tickets may be purchased at the door. Be there, but beware!

Next week is Spirit Week!

Monday, October 23- Pajama Day

Tuesday, October 24th- Sports Day

Wednesday, October 25th- Unity Day (wear orange clothing to help promote the anti bullying theme)

Thursday, October 26th- Twin Day

Friday, October 27th- Decades Day (wear clothes that were popular during the 70's, 80's, or 90's).

On October 31st there will be a Halloween Day Parade at Lunch, you may wear costumes to school. Please show your school spirit by dressing up all week. Remember, the JLS dress code still applies on all days! Please see page 13 of the Binder Reminder for more details on dress code.

Fall and Winter Traffic Safety Tips

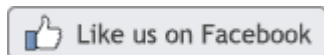
With colder weather and the rainy season upon us, we are seeing an increase in car traffic during drop off and pickup. No matter how we come to school, we need to work together to keep all of our students safe.

We all know traffic on Meadow backs up on bad weather days. Consider avoiding Meadow altogether by entering through the library parking lot on Middlefield and dropping off in Mitchell Park. Go ahead and arrange your rainy day carpool with neighbors or friends so you'll be ready as the weather changes.

Slow down and use extra caution when driving in school zones and along commute routes including the library and park parking lots. Keep your eyes out for pedestrians and cyclists remembering that sometimes visibility is impaired by sun or fog.

As the hours of daylight decrease, please equip your bicycles with lights and reflectors on the front and the back. Lights are very inexpensive and easy to attach. At night a white headlight visible from the front and attached to the bicycle or the bicyclist is required by California Law. Even if it is light enough for you to see where you are going, you still may not be visible to drivers. Get a light and use it! See and be seen!

Questions: jls-safe-routes@googlegroups.com



Seeking JLS PTA Social Emotional Learning Representative

Interested in Social Emotional Learning (SEL) at JLS? JLS PTA is looking for volunteer(s) to serve as our SEL representative(s), and work with the PTAC (PTA Council) SEL chairs. More information can be found on the PTAC website: <https://ptac.paloaltopta.org/social-emotional-learning/> Please refer to the SELCommittee171018Overview for more details about upcoming meetings and goals. Interested? Please contact the JLS PTA president at jlsptaemail@gmail.com

If you would like to volunteer in other capacities, you are welcome to sign up on the JLS PTA website: <http://jlswp.paloaltopta.org/index.php/volunteer-form/> Please refer to the Volunteer Form link.

Parent Ed Event at Terman

Guiding Teens to Safe Choices, Connected Relationships, and a Love of Learning"

Sign up for the Nov 1st Parent Ed Night at Terman with Donovan Somera Yisrael:

When: Wed Nov 1st 6:45-8:30pm

Where: Terman Cafe 655 Arastradero Rd, Palo Alto CA 94306

Donovan Somera Yisreal will be giving a talk about how to guide your teen to safe choices. Donovan is an inspiring TEDxPaloAltoHighscho II Speaker and is the manager of the Emotional and Sexual Health programs for the Vaden Health Center at Stanford University. He brings a deep passion for positive psychology and teaches practices for Emotional Intelligence and personal growth. **This event is sponsored by the Terman PTA, and parents from JLS and Jordan are invited to attend.

Send your [Questions to Donovan Yisrael](#) before the talk (click SUBMIT).

Support JLS by Shopping Online

Dear JLS parents,

Did you know that you can do your normal shopping and help fundraise for JLS at the same time?

Here's how:

EScrip

Please take a moment to update your information at www.eScrip.com and verify that your contributions are going to JLS (Jane Lathrop Stanford Middle School, Group ID # 130315138). If you are new to eScrip, sign-up can be done online or at eScrip @ 1-800-400-7878. Urge your friends and relatives to sign up eScrip and make JLS their supporter group. You can support up to three schools.

Amazon.com

AmazonSmile is the same Amazon you know, same products, same prices, and same service.

Shop at the link

<https://smile.amazon.com/>, sign in to your amazon account, choose "Jane Lathrop Stanford Middle PTA " as your charity to support, Amazon donates 0.5% of your online purchases to JLS PTA.

Kepler's Books

Shop at Kepler's JLS page:

<http://www.keplers.com/jls-shopping-page>, at the end of your online order, make sure to write inside "order Comments" a note for supporting JLS , then Kepler's Donates back 6% to JLS on any purchase you make! You can also support JLS by purchasing Kepler's Gift Cards. They NEVER expire and can be used at the JLS book fair OR at Kepler's book store any time. They make terrific gifts for teachers and friends!

You can go to school website at <https://jls.pausd.org/contribute/donate> or at the PTA page <http://jlswp.paloaltopta.org/> to get more detailed information on how to support JLS by shopping online. Thanks a lot for your supporting to JLS !

PAUSD/PTAC

PAUSD E, M, H

Unity Day 2017 - When We Stand Together, No One Stands Alone
Palo Alto's 5th Annual Unity Day! WEAR ORANGE to show your support!
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PAUSD will celebrate Unity Day 2017 to show that our community is united against bullying, and promotes kindness towards all students. Each school will participate in its own way, so find out what your school is doing. Also, join in sending a message that we are united for kindness, acceptance and inclusion by wearing Orange on Wednesday, October 25th!

Unity Night -- Social Emotional Learning Community Event
Wed. Oct. 25, 6:30- 8:00 PM, Palo Alto High School, Media Arts Center, 50 Embarcadero Rd

You're invited to hear from special guest R. Keeth Matheny, a nationally recognized Social Emotional Learning (SEL) teacher, advocate and author. He returns to lead participants through a selection of lessons from the School Connect program being piloted at Paly and Gunn. Participants will engage in activities focused on building the SEL soft skills of active listening, disagreeing without being disagreeable, and building understanding and empathy for others. Open to PAUSD families from all grades and schools, and all Palo Alto Community Members. Mandarin and Spanish interpretation will

be available. Co-hosted by PAUSD, Palo Alto Council of PTAs and the Palo Alto CAC. Register at GOO.GL/P9XPGC

PiE Rally Days - Challenge Grant

Generous PiE supporters have offered a brand new Challenge Grant to PiE. Please donate or make a pledge by October 23 at <http://papie.org/donate/>, and we can give an additional \$235,000 to PAUSD students. Every gift counts. Gifts and pledges made by October 23 will be matched by a \$235,000 Rally Days Challenge Grant. This is the final Challenge Grant for the year. So please join PiE in supporting our children. If you have already given or pledged, thank you so much. If not, now is a great time to make your impact.

PTAC E, M, H

****NEW**** ALL of the Palo Alto PTA Council (CA PTA approved) bills on the Click My Cause app were signed into law by the Governor:

- Protected - immigrant students (AB 699). An important step to ensuring no child fears coming to school. School campuses are no places to conduct raids or investigate children.
- Banned - guns in school zones (AB 424)
- Fed - school meals for low income students (SB 138). Hungry children can't learn.

COMMUNITY

Community E, M, H

****NEW**** Cantabile Chorus Registration and Auditions (Grade K-9)

Cantabile is a community-based children's chorus serving the greater Silicon Valley area, striving to bring the highest quality musical education in a choral setting to young singers from ages 4 years to 18. Singers in grades 3-9 should call 650-424-1410 immediately to

arrange an audition, while singers in grades K-2 may register for a class beginning November 15. To audition or to learn more about the chorus levels and the upcoming semester, contact info@cantabile.org or 650.424.1410

****NEW****Family Service Opportunity: "New" Halloween Costume Drive
Thu, Oct 26, 3 - 5 PM, Mitchell Park Community Center (Matadero Room)
Get Involved Palo Alto nonprofit organization is gathering NEW Halloween costumes for children in Ronald McDonald House. Greatly needed are baby costumes sizes 0-2, and teen girl (kid type themes). Gift cards also gladly accepted. Please bring costumes in package or on hanger to Mitchell Park Community Center, Matadero Room, date and time above. Get Involved Palo Alto will also pick up your donation. For more information: Getinvolvedpaloalto.org

****NEW****Play Palooza - The Children's Theatre Ten Minute Playwriting Contest
Submission Deadline: Fri, Dec 22 @ 12AM

The Children's Theatre is pleased announce the 2017-18 Play Palooza Ten Minute Playwriting contest. Play Palooza gives young writers an excellent opportunity to showcase their talents. Students can submit original work in three categories:

Elementary School (3rd-5th grade), Middle School (6th-8th grade), and High School (9th-12th grade). Winning plays receive a staged reading at the Children's Theatre, and winning playwrights receive prizes donated by the Friends of the Palo Alto Children's Theatre. Submissions can be submitted electronically to christopher.luciani@cityofpaloalto.org

****NEW****Silicon Valley Boychoir Auditions
Fri, Nov 3, 10, and 17 by appointment, Palo Alto

Auditions for the January semester will be held at the choir's rehearsal location near downtown Palo Alto (600 Homer Ave). Open to 2nd-5th grade boys. High school and middle school boys with choral experience may audition for upper levels. SVB provides a personalized approach to teaching singing, music theory, and sight-reading, while providing flexible scheduling for busy families. In addition to their own winter and spring concerts, SVB performs for local events including appearances with Stanford University Symphonic Chorus and Orchestra, West Bay Opera, Schola Cantorum of Mountain View, and singing the national anthem at sporting events.
Email info@svboychoir.org or visit <http://svboychoir.org>

Fostering Resilience in Children and Teens, & Why it Matters
Fri Oct 20, 7:30-9:00PM, Memorial Auditorium, 551 Serra Mall, Stanford

Raising resilient children & teens who thrive in our rapidly changing & uncertain world is no small task. What can parents do to best support mentally & physically healthy kids who are engaged in learning & have strong connections with friends, families, & their communities? It turns out, quite a lot. Join Challenge Success for an evening of education & inspiration to explore how parents can build resilience in our kids today &

our adults of tomorrow (<http://mailchi.mp/challengesuccess/your-summer-newsletter-from-challenge-success-880161?e=cf77275871>) Open to the public. \$10

Developmental Assets in Palo Alto: A Community Context (Project Safety Net Community Forum)

Wed, Oct 25, 3:30 - 5:30 PM, Rinconada Library, Embarcadero Room 1213 Newell Rd. Road

Project Safety Net invites you to a community forum with Project Cornerstone and other local leaders to review Palo Alto specific results from the latest Developmental Assets Survey. Developmental Assets are the positive values, relationships, skills and experiences that help young people thrive and become caring, responsible, successful adults. Because of its basis in youth development, resiliency, and prevention research, the Developmental Assets framework has become one of the most widely used approaches to positive youth development in the United States. Please contact psnpaloalto@gmail.com or (650) 329-2432 with questions. For more information, visit www.psnpaloalto.org.

Stanford's Center for Interdisciplinary Brain Sciences Research (CIBSR) Social Skills Study

CIBSR is recruiting for a Social Skills study and is looking for boys aged 8-18 with a developmental or intellectual disability to take part in a research study investigating the effect of behavioral training methods on duration of social gaze. Participation includes a visit to Stanford for 3-4 days, cognitive testing, two optional MRI scans, and social skills training with a behaviorist. For more information please go to: www.is.gd/StanfordSocialSkills

Shop for school holiday camps on ActivityHero to raise money for Palo Alto PTA

A reminder that PAUSD is off for Veterans Day and the full week of Thanksgiving this year. Our winter break is Dec 22 - Jan 7. High schools also have Jan 8 off. You can find holiday camps on ActivityHero and when you book online with this link, the PTA earns a % of your purchase. <https://www.activityhero.com/go/paloaltopta>

Basketball Coaches Needed

The City of Palo Alto is looking for basketball coaches for the 7th and 8th grade season. Practices are Monday-Thursday, with Friday's being optional. Practices run for 90 minutes and can fall between the hours of 3:15-7:30pm. Games for B teams are all played in Palo Alto at our 3 middle schools, while the A teams play games from Palo Alto to Half Moon Bay. Pay is negotiable depending on experience, and volunteers are strongly encouraged and greatly appreciated. The City of Palo Alto is looking for coaches who can commit to their practice and game schedule, and who are dedicated to advancing these athletes skills on and off the court. If you are, or know anybody who

would be interested, please email [Patrick.Rode@ CityofPaloAlto.org](mailto:Patrick.Rode@CityofPaloAlto.org) to begin the hiring process.

Beat the Street for Little Feet

Sat Oct 21 9:30-11:30am at Friend's Nursery School, 957 Colorado Ave, Palo Alto, CA 94303

Friend's Nursery School is hosting its Second Annual Fall Fun Run Fundraiser on Saturday October 21st from 9:30-11:30am. "Beat the Street for Little Feet" will include a fun 1 mile walk/run for the adults and a 50-yard dash for kids 8 and younger, coffee, bagels and fruit, face painting, pumpkin crafts and music. Please sign up today and be sure to invite any friends and family who you think might enjoy this Friends community event. Pre-registration fees are \$25 per adult and \$15 per child; on-site fees are \$30 per adult and \$20 per child. All proceeds benefit the scholarship program, so that no family is turned away due to inability to pay. More info at: [https://runsignup.com/Race/CA/ PaloAlto/FriendsNurserySchoolFallFunRun](https://runsignup.com/Race/CA/PaloAlto/FriendsNurserySchoolFallFunRun)

"Make a Difference Day" Community Service

Sat Oct. 21, 9:00am-2pm, Gathering Point: DLA Piper LLP, 2000 University Ave., Palo Alto

Join Youth Community Service for our annual Make a Difference Day! The day will kick off with breakfast and a guest speaker. Groups will then go out to volunteer at various service sites around the area. For more information and to register, visit: www.youthcommunityservice.org All Ages Welcome!

Celebration of Oneness Festival

Sat & Sun, Oct 21-22

Festival in Palo Alto the weekend of October 21-22 on the theme of the "Oneness of Humankind." Events include a Children's Festival in Mitchell Park on October 21st from 10a-1p featuring live musical and artistic performances, storytelling and activity booths; a Performing Arts Show at Sofia University October 21st from 7-9p featuring a diversity of dance and musical performance by local artists, and an art exhibition. Events are free and all are welcome.

Details available at: www.celebrateoneness.com.

Facebook: www.facebook.com/CelebrationOfOnenessFestival.

Email: celebrateoneness@gmail.com. Festival sponsored by the Palo Alto Baha'i Community.

Festival of Lights: A Diwali Celebration

Sun, Oct 29, 12-5PM, Rinconada Library, 1213 Newell Rd, Embarcadero Room

Come celebrate Diwali at the Palo Alto City Library! We'll have music, dancing, henna, crafts and lots more for the whole family to enjoy! Join us at the Rinconada Library on Sunday, October 29 as we celebrate the cultures of our community. Diwali is the Hindu

festival of lights celebrated every autumn in the northern hemisphere. This free event starts at 12PM and features a variety of performances and activities that reflect the celebration!

Project Cornerstone - for parents and caregivers!
Mon Oct 30, 8.05 - 9.35AM, Hoover Elementary School, Palo Alto

The Palo Alto Unified School District is offering a free series of parent meetings open to all parents and caregivers. Join Project Cornerstone's engaging workshop - Take It Personally, starting Monday, October 30th from 8:05 to 9:35 AM at Hoover Elementary School. You do not need to be a parent from Hoover, just an adult who cares about all kids.

Whole Foods (downtown Palo Alto) Nickels for Non-Profits
Oct 15 to Jan 15th

Each time you shop at the Whole Foods Market downtown PA between Oct 15 to Jan 15 and bring in your own bags, Whole Foods will donate 5 cents per bag to our Palo Alto PTA Council. The PTAC will be able to use these funds for more programs and events for our PAUSD students, staff, and parents!

Free Math Festival for Girls
Sat, Oct 21, 10AM - 12PM; 555 Post Street, San Francisco, CA 94102

Hands-on, collaborative activities that inspire a love for math, for girls grades 4 through 9. Please plan to stay for the entire duration of the festival, to participate in a sequence of scheduled activities rather than a drop in format. For more information, visit: <http://www.proofschool.org/community/#love-math>.

Community M, H

City of Palo Alto International Games Day
Thu, Nov 2, 4-6 PM, Mitchell Park Community Center, 3700 Middlefield Rd, Teen Center & El Palo Alto Room
Play or compete with others on console game systems, Ping-Pong tables, air hockey, pool, card games, board games, mini golf and more! Grades 6-12.

Connected or Disconnected: Technology and Your Family (Middle/High School)
Thu Oct 26, 6:30 - 8:30 PM, Parents Place, 200 Channing Ave, Palo Alto

Join us for a compelling conversation about families and screen time. Explore the advantages and drawbacks for our digital natives, recognize the top signs of screen addiction, and discuss as a family the realities and challenges of your own digital use. With Havi Hall Fee: \$45

Register: <https://www.eventbrite.com/e/connected-or-disconnected-technology-and-your-family-middlehigh-school-registration-35887009010>

Empathy is the App: Raising Thoughtful Kids in the Digital Age
Wed, Nov 8, 7-9:00 PM, Performing Arts Center, Palo Alto High School, 50 Embarcadero Rd, Palo Alto

The 2017-18 Palo Alto Parent Education Parents Series kicks off with nationally acclaimed author of "Screenwise" (<https://www.raisingdigitalnatives.com/>) and TED Talk "Raising a Digital Native" (<https://www.youtube.com/watch?v=eRQdAOrqvGg&feature=youtu.be>) Dr. Devorah Heitner. Parents worry their teens are addicted, detached or distracted because of digital devices. According to Heitner, our concern should go far beyond what kids are doing today. Tech-savvy Digital Natives need mentorship to thrive, develop social skills and succeed in a future where they will likely find a job, meet their spouse and build their reputations online. Parents, students, faculty/staff and community members welcome! Spanish/Mandarin interpretation will be available. Free admission. Tickets available beginning October 8 (via <https://heitner2017paly.eventbrite.com>).

Palo Alto Library Teen Read Week
Month of October, Mitchell Park Library, 3700 Middlefield Rd, Teen Zone

Share your favorite YA book, and get some reading suggestions from teens for Teen Read Week! Check out the whiteboard in the Teen Zone and let us know your favorite YA books. Grades 6-12.

How to foster the Essential Skills Adolescents Need to Thrive in College and Life
Sun, Oct 29. 10AM-4PM. Stanford University, Lathrop Library, Room 299.

This workshop focuses on the key emotional skills that parents must foster in middle-school and high-school students to prepare them for the challenges they will face when they leave home. Enrollment limited to 25 parents. Fee: \$245. Taught by child & adolescent psychiatrists Bina Patel, MD and Sujata Patel, MD, from Stanford University's Counseling & Psychological Services.
Visit <https://continuingstudies.stanford.edu>, course # WSP 323, for further information.

ATTENDANCE PROCEDURE FOR OUT OF SCHOOL EARLY!

Health Appointments- Parents should make every effort to schedule appointments outside of school hours. However, if not possible, parents are urged to consider varying the times of day during which health appointments are made in order to avoid missing

the same class consistently. If a student must leave during the day for any reason please either call (650-856-5179) or email the [Attendance Office](#) the day before the scheduled appointment, or before first period on the day of the requested early dismissal. **Please note that messages must originate from the parent email address on record in Infinite Campus.** The student will then receive a "Permit to Leave" pass and meet you in the Attendance Office at the designated time. If a student returns to school the same day, they are required to report to the Attendance Office before returning to class to provide verification of the health visit.

[Jamey Boccio](#), Attendance Secretary, 650-856-5179

WANT TO BE MORE INVOLVED at JLS NEXT YEAR? JOIN JLS PTA!

Come volunteer with this year's JLS PTA! Taking part in our programs and events brings you closer to your student's JLS experience, while working with dedicated and interesting parents. There are many different types of jobs, ranging from short-term easy support events and tasks, to longer-term and even year-round positions. We welcome whatever level of time and talents you can contribute, and we promise you'll have fun. Please visit the JLS PTA website, jlswp.paloaltopta.org to see a full list of the JLS PTA events and open positions, and fill out the form to indicate any interests you may have. This is not a commitment! We will contact you with more information which will help you decide if you would like to join us.

Questions? Contact [Lili Nova-Roessig](#) JLS PTA President 2017-2018

JLS eNews PUBLICATION GUIDELINE!

If you want to publish an announcement relevant to JLS, send an email to JLS.eneews@gmail.com. JLS eNews is a publication of the JLS PTA. Our PTA has a noncommercial policy, which states that we do not associate with any commercial activities of other organizations including, but not limited to, the promotion of their goods and services. Only submissions from nonprofit organizations will be considered for placement in the eNews. Announcements relevant to other schools in the PAUSD district can be sent to eneews@paloaltopta.org. For more detail, please click [here](#).

Join your grade's Parent Network!

Organized by the JLS PTA, Parent Networks provide grade-specific information and regular meetings to foster a supportive and collaborative parent community. TO JOIN, contact the below coordinators:

6th grade coordinators: Gerrie Phillips, Hue Tran, Suman Rangaswany
7th grade coordinators: Anjani Sarma , Mei-Hsia Tan
8th grade coordinators: Claire Kirner, Valerie Sabbag

Would you like
your employer to
DONATE to JLS?



Notify your employer of your donation to the JLS PTA, to activate their Corporate Matching Program. And THANK YOU for taking this extra step to contribute JLS Middle School!
JL Stanford Middle School PTA tax id 94-6174779

480 E. Meadow Drive
Palo Alto, California 94306

JLS Middle School PTA, 480 E. Meadow Drive, Palo Alto, CA 94306

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